5% of 2nd Semester Grade in all Academic Classes Early Submission Bonus Points Date: 4/17/2011

AVEAS SENIOR PORTFOLIO - DUE May 4, 2012

Your Senior Portfolio is a reflection of your four-year personal, spiritual and academic growth, an authentic assessment of your achievement of the school AVEs, and a practical compilation of important documents from your senior year. Your Portfolio will provide a true picture of where you were in your life when you entered St. Bernard, how you have grown, where you are in your life as you graduate, and how and where your St. Bernard experiences will continue to impact your education and personal endeavors.

School AVEs: To Achieve Viking Excellence, the St. Bernard graduate will be a

Christian Disciple who

- models Christ in their daily life;
- develops an understanding of and appreciation for the Catholic Church and her traditions; and
- exhibits a sense of Catholic social responsibility through acts of service.

Critical Thinker who

- uses higher level thinking processes to analyze, problem-solve and draw conclusions based on supportive evidence;
- demonstrates interdisciplinary comprehension and application; and
- shows mastery of research skills by effectively using a variety of appropriate resources including technology to seek understanding through inquiry.

Effective Communicator who

- incorporates and presents ideas appropriately, thoughtfully and creatively;
- is articulate both orally and in writing; and
- reads and listens with respect and comprehension.

Self-Directed Learner who

- sets academic, lifestyle, career and personal goals for the future;
- assumes responsibility and respect for the learning process and strives to exceed expectations; and
- masters the academic and life skills necessary to become a productive member of society.

A few questions to ask yourself and reflect on when you are writing your Portfolio…

Essays and Personal Statement

- Who am I personally, spiritually, academically and socially? Who was I four years ago? Who do I want to become?
- What characteristics do I possess (e.g. honest, compassionate, loyal)? How do others see me?
- What skills do I have (e.g. analytical, communication, organizational)? Where do I excel?
- How have I changed/grown over the years? What caused these changes and how have they affected me?
- What makes me unique? What sets me apart from others?
- Are there any obstacles that I had to overcome and how have I dealt with these difficulties from my past?
- Are there any experiences from my past that have affected my life? Can I relate these experiences to my goals?
- Who has influenced me over the years (e.g. parent, sibling, teacher, or friend) and how have they influenced me?
- What are my education and career goals?

Future Educational Plans

- What do I plan to major in/pursue when I graduate from high school?
- When and how did I become interested by my field of study?
- Why am I interested in my field of study?
- What have I learned about my subject of interest?
- How has my discipline shaped me? What has my field of study taught me about myself?

How can I address my academic record?

- Is my official academic record an accurate reflection of my ability? Why/Why not?
- Do I have any gaps or inconsistencies on my records (transcript and/or exam scores) that I can explain?
- Are there any awards, recognition, or honors that I have received and that are worth mentioning?

How do other experiences have I had that have contributed to who I am today?

- What special programs, internships or jobs have I had? What have I learned from these experiences? What skills have I acquired?
- What is my Christian Service experience? How has this experience contributed to my growth and how is it related to my life goals?
- What extracurricular activities have I participated in and how do they contribute to my goals?
- What other things am I passionate about and how will they affect my life goals?
- How and where do I see God in my everyday life? How do I model Jesus in my life?

St. Bernard AVES Portfolio Requirements

Portfolio Requirement – You may design and create your portfolio as you wish making sure to include all the following. **Feel free to be creative!**	**Points**	
Table of Contents		
Senior Memories and Mementos		
Photos: Minimum – (1) "Underclassman", (1) from Fall Semester Senior Year (1) from Spring Semester. Ideally: One 9th grade, One 10th grade, One 11th grade and Three 12th grade (Senior Portrait and (2) casual or school activities photos)	10	
Senior Highlights: Your Top 10. Reflect on the academic, social, personal achievement and school activity highlights from senior year. May be a simple list or in descriptive paragraphs. May include photos or other personalization.	10	
Senior Mementos: Include at least three different, special and meaningful mementos from your Senior year. Examples might include a performance programs, dance ticket, college acceptance letter, note from your "little sibling" or best friend, etc. Choose at least one and write a paragraph describing why you included it.	10	
AVE Essays: Each essay will address your reflection on your personal achievement of the AVES as listed above. Use the AVES as a guide in the development of your essay. Be sure to detail at least two specific examples of experiences you have had that speak to each question. **Each essay will be a minimum of 1 page in length (Times New Roman, 12 point, double spaced, 1 inch margins).**		
Christian Disciple - Essay on Spiritual Growth: Guide questions … Reflect on what it means to be a Christian Disciple. Over the past four years, how have you evolved spiritually? What role does God play in your life? How have you developed in terms to social responsibility? When do you feel closest to God? Where have you seen Christian Community at work in your life? Describe your personal spiritual goal or life mission. Include specific examples.	20	
Critical Thinker & **Effective Communicator Essay-** Statement of Academic Growth and Achievement: Include specific examples of assignments or academic experiences that you found particularly challenging, rewarding, memorable or meaningful. Identify at least one example of a creative project, performance, event or presentation of which are a particularly proud of your achievement. Speak to your academic development, how you have grown as a learner, and how you have improved as a student. How have you changed?	20	
Self-Directed Learner Essay - Statement of Self Reflection and Life Goals: Describe your personal strengths and areas where you would like to continue to grow. Reflect on one of your passions and how it has contributed to your personal growth. Detail your life goals for the next 1, 5 and 10 years. How has your learning over the past four years helped you to develop the skills necessary as a future worker and citizen of the world? What life lessons do your take with you and will you remember? If you could do high school again, what would you do differently and why?	20	
Important Senior Documents and Samples		
Documentation & Description of Community Service – Write a minimum of 3 paragraphs detailing your experience/experiences and your reflection on the learning experience.	20	
Documentation & Description of your School and/or Outside School Activities. Include at least one example of your taking on a leadership role.	20	
Specific Class Examples: Include a minimum of 3 pages of your best Cornell Notes and/or Learning Logs from each class and at least one example of writing from each class.	20	
Favorite Test/Quiz/Exam and Favorite Project/Presentation/Academic Task: Write a short description for each telling why this stands out in your mind as being a valuable experience and what you gained from it.	10	
List of Books Read with personal response: List the top 10 books you have read both for school purposes and for personal choice. Write a personal response for at least one of these books telling why this book speaks to you, why you find it memorable, what your favorite part of the book is, what you think the message of the book is.	10	
Resume and Letter of Recommendation: (4 items needed) Include a copy of your "brag sheet", a formal resume, a sample written request for a letter of recommendation, and one Letter of Recommendation written on your behalf or an explanation as to why a letter is unavailable	20	
Personal Statement, College Admissions Essay and/or Scholarship Essay	20	
Unofficial 7th semester transcript; diploma copy. (Replace with an unofficial copy of your final transcript after graduation. Add a photo copy of your high school diploma once you receive it).	10	
TOTAL	200	